



Learn to Swim Classes

\$40
per child/
per cycle

Monday - Friday
30 minute classes

Monday, Wednesday, Friday
45 minute classes

Saturday
50 minute classes

Cycle 1	Cycle 2	Cycle 3	Cycle 4	Cycle 5	Saturday
Jun 13-24	Jun 27-Jul 8	Jul 11 -22	Jul 25 - Aug 5	Aug 8 - 19	Jul 9 - Aug 6

BEGINNER

ME & MY SHADOW (AGES 0-3 WITH PARENT)

Familiarizes children ages 6 months to 3 years to the water and prepares them for Learn-to-Swim courses.

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
M-F	11:20 am - 11:50 am	1751.300	1751.301	1751.302	1751.303	1751.304	
MWF	6:05 pm - 6:50 pm	1752.300	1752.301	1752.302	1752.303	1752.304	
Sat	12:00 pm - 12:50 pm						1752.305

TADPOLES (AGES 3 - 5)

Orients preschool-age children to the aquatic environment and helps them acquire basic aquatic skills.

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
M-F	10:45 am - 11:15 am	1750.300	1750.301	1750.302	1750.303	1750.304	
Sat	11:00 am - 11:50 am						1750.305

GUPPIES (AGES 4 - 6)

Builds on basic aquatic skills learned in Tadpoles class.

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
M-F	10:10 am - 10:40 am	1746.300	1746.301	1746.302	1746.303	1746.304	
M-F	11:20 am - 11:50 am	1747.300	1747.301	1747.302	1747.303	1747.304	
MWF	6:05 pm - 6:50 pm	1748.300	1748.301	1748.302	1748.303	1748.304	
MWF	6:55 pm - 7:40 pm	1749.300	1749.301	1749.302	1749.303	1749.304	
Sat	11:00 am - 11:50 am						1749.305

JELLYFISH (AGES 6 - 15) | LEVEL 1

Introduces children to water skills, develops positive attitudes, good swimming habits, and safe practices in and around the water.

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
M-F	8:25 am - 8:55 am	1731.300	1731.301	1731.302	1731.303	1731.304	
M-F	9:00 am - 9:30 am	1732.300	1732.301	1732.302	1732.303	1732.304	
MWF	6:05 pm - 6:50 pm	1733.300	1733.301	1733.302	1733.303	1732.304	
MWF	6:55 pm - 7:40 pm	1734.300	1734.301	1734.302	1734.303	1734.304	
Sat	9:00 am - 9:50 am						1734.305

Cycle 1	Cycle 2	Cycle 3	Cycle 4	Cycle 5	Saturday
Jun 13-24	Jun 27-Jul 8	Jul 11 -22	Jul 25 - Aug 5	Aug 8 - 19	Jul 9 - Aug 6

ADVANCED

MINNOWS (TOT STROKE)

Increases proficiency and builds on basic skills learned in Tadpoles and Guppies with additional guided practice on increased distances.

Pre-requisite: Successful completion of Tadpoles and/or Guppies

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5
M-F	9:35 am - 10:05 am	1745.300	1745.301	1745.302	1745.303	1745.304

\$40
per child/
per cycle

SEALS | LEVEL 2

Focuses on fundamental skills, including learning to float without support and to recover to a vertical position. **Pre-requisite: Successful completion of Jellyfish**

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
M-F	8:25 am - 8:55 am	1735.300	1735.301	1735.302	1735.303	1735.304	
M-F	9:00 am - 9:30 am	1736.300	1736.301	1736.302	1736.303	1736.304	
MWF	6:05 pm - 6:50 pm	1737.300	1737.301	1737.302	1737.303	1737.304	
MWF	6:55 pm - 7:40 pm	1738.300	1738.301	1738.302	1738.303	1738.304	
Sat	9:00 am - 9:50 am						1738.305

SEAHORSE | LEVEL 3

Builds on skills learned in Seals; provides additional guided practice in deep water.

Pre-requisite: Successful completion of Seals

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
M-F	9:00 am - 9:30 am	1739.300	1739.301	1739.302	1739.303	1739.304	
M-F	9:35 am - 10:05 am	1740.300	1740.301	1740.302	1740.303	1740.304	
MWF	6:55 pm - 7:40 pm	1741.300	1741.301	1741.302	1741.303	1741.304	
Sat	9:00 am - 9:50 am						1741.305

STARFISH | LEVEL 4

Develops confidence in strokes learned in Seahorse and improves other aquatic skills.

Pre-requisite: Successful completion of Seahorse

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5
M-F	9:35 am - 10:05 am	1742.300	1742.301	1742.302	1742.303	1742.304

STINGRAYS | LEVEL 5

Coordinates and refines strokes and builds on skills learned in Starfish.

Pre-requisite: Successful completion of Starfish

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5
M-F	9:35 am - 10:05 am	1743.300	1743.301	1743.302	1743.303	1743.304

ADULT CLASSES

Beginner swim lessons for ages 16 and over.

DAY	TIME	CYCLE 1	CYCLE 2	CYCLE 3	CYCLE 4	CYCLE 5	SAT
MWF	8:15 am - 9:00 am	1730.300	1730.301	1730.302	1730.303	1730.304	
Sat	8:00 am - 8:50 am						1730.305